



## First Aid Certification Policy

The St. John's Ambulance and Red Cross courses continue to be the preferred first aid courses. However, in extenuating circumstances (most commonly geographical limitations or job-related courses) other first aid courses may be considered for approval by the Section Coaching Committee and consequently be submitted for the purposes of certification and accreditation.

Courses other than St. John's Ambulance or Red Cross must satisfy the following five (5) criteria in order to be approved:

- The course must be a minimum of 7 hours in length;
- The course must have an expiry of 3 years or less;
- The course must include a written test;
- The course must incorporate a practical component (e.g. slings, splints, etc.)
- The course must be emergency related.

### First Aid for Health Care Professionals

Coaches who are an active member of a group of licensed health care professionals (e.g. fire fighters, nurses, chiropractors, physiotherapists, police, athletic therapists, etc.) are not required to complete an additional first aid course for the purposes of certification and accreditation. The Coaching Department will investigate these requests as they arise in order to determine if the coach's previous first aid training does in fact meet the minimum criteria. These individuals must provide proof of their current employment licence and/or certificate outlining the expiry date when submitting their Skate Canada Professional Coaching Membership form.

Approved First Aid Courses		
St. John's Ambulance	✓ Red Cross	✓ CSST (Québec)
Réjean Canuel (Saguenay/Lac St-Jean)	✓ Royal Life Saving Society Of Canada Aquatic Course	✓ Critt Care - First Minutes: Emergency Care Course
Vital Signs	✓ First Aid in the Workplace	✓ National Lifeguard
EMP Canada Medic First Aid Course		✓ Consultants CAMI
Saskatchewan Sports Medicine & Science Council's Sport First Aid		✓ SportMedBC
Sports Medicine Council of Alberta's Athletic First Aid		✓ Lifesaver 101
Emergency First with CPR Level A" by Heart Beat Inc – Winnipeg, MB		

**Coaches must include a copy of their First Aid Certificate when submitting their Skate Canada Coaching Registration.**